# **Concierge Clinical Support and Care Management**

Scripps registered nurses are available 24/7 through the concierge line to help you manage your health care needs, even if you or your family member only need assistance occasionally with one or two guestions. If you require more in-depth support, our triage nurses can help you enroll in our care management program.



### **Complex Care Management**

Sometimes you, or a family member, will need extra help navigating the complexities of existing conditions or a new diagnosis, such as congestive heart failure, diabetes or asthma. In these cases, our registered nurses have special training to help support you.

Whether you need help connecting to available resources in your community, education on your condition or guidance on how to navigate your care with your providers, your care management plan will be customized for you. And we are here to help provide that extra level of support if your health challenges require frequent visits to the emergency department or hospitalizations. You can be enrolled in the program for weeks, months or longer, depending on your needs.

#### **Specialty Care Managers**

Qualcomm employees and their dependents have access to specially trained nurses in four clinical areas:

- High Risk Pregnancy A dedicated Scripps care manager will partner with you to support you and your family through your high risk pregnancy and birth of your child. This care manager will coordinate with your obstetrician and clinical team.
- High Risk Newborn A dedicated Scripps newborn care manager is available to support you and your family if your baby is born early or has other complications.
- **Oncology** A highly specialized and dedicated Scripps oncology nurse navigator will coordinate your care and guide you through the diagnosis, treatment and survivorship phases of your cancer care.
- Organ Transplant Our specialized organ transplant nurse navigators will coordinate your care plan with the Transplant Center of Excellence program at UnitedHealthcare to ensure a smooth transition and coordination of services when the transplant is complete.

## **Contact Us**

We are here for you. If you have questions about care management, contact your concierge team at 844-884-7266 (844-884-QCOM) or Qualcomm.Service@Scrippshealth.org.



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