Lactation Support Services

Through Qualcomm's Premier Plans, Scripps is here to support your breastfeeding journey with tools and services to help both mother and baby.

Telephone Helplines
All Scripps patients have access to lactation educators and specialists located at Scripps hospitals for non-emergency questions. In most cases, calls will be returned within 24 hours.

Scripps Memorial Hospital Encinitas: 760-633-7850
Scripps Memorial Hospital La Jolla: 858-626-6268
Scripps Mercy Hospital San Diego: 619-877-4347

Breastfeeding Class*
Taught by a lactation educator, the class discusses the benefits of breastfeeding and separates facts from fallacies to provide information on getting started and to help ensure a positive experience. Information on breast milk collection and storage, returning to work and breast pumping is presented. The class is intended for pregnant mothers after approximately 32 weeks. $25 fee** and registration are required. Contact the Premier Plan concierge to register at 844-884-7266 (844-884-QCOM) or qualcomm.service@scrippshealth.org.

Breastfeeding Supplies
The concierge team is available to coordinate with a member's provider to obtain a breast pump order and work with an in-network vendor to have the equipment delivered. Members can request a breast pump 30 days prior to their delivery date. Additional supplies are available at the Scripps Mother's Boutique located at Scripps Memorial Hospital La Jolla, 9888 Genesee Avenue, La Jolla, CA 92037. Hours are Monday–Friday 9 a.m.–3 p.m. and Saturday 9 a.m.–1 p.m.

*Eligible for Qualcomm's Live+Well Wellbeing health activity incentive of $150. Must complete within the 2022 incentive program year ending August 31, 2022. Visit go/myHR for details. **Qualcomm will reimburse for the class fee (grossed up for taxes) via PayIt! at go/PayIt. Be sure to attach receipt/payment confirmation from US Bank confirming class fee payment.

Contact the Premier Plan concierge with questions at 844-884-7266 (844-884-QCOM) or qualcomm.service@scrippshealth.org